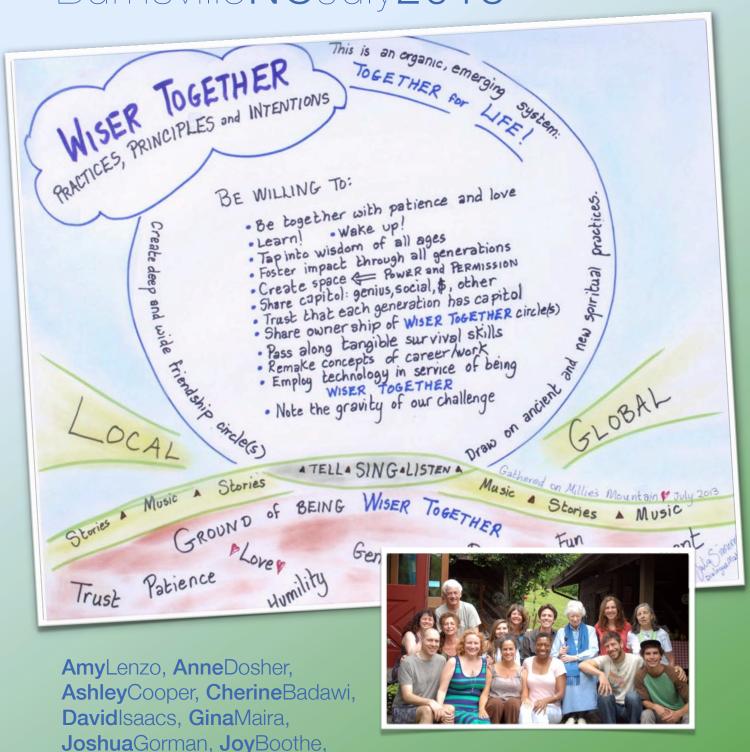
# WiserTogetherGathering BurnsvilleNCJuly2013



JuanitaBrown, JuliaSimmons, KerriganMcCarthy,

MatthewAbrams, MaureenMcCarthy, PatriciaParker, ZelleNelson

## GatheringInvitation

#### Hello ~

You are warmly invited to join us for "Wiser Together: A Small & Intimate Gathering."

We are convening a group of friends and colleagues near Asheville, NC from July 15 - 19 in service to Wiser Together - an emerging meme and field around multi-generational conversation, community, and collaboration.

During our time together at Millie's Mountain (David & Juanita's place), we will enjoy story sharing, slow food, deep inquiry, play and creative expression. The core intentions we are holding for this gathering are to:

- Initiate a multi-generational community of practice working for a more thriving, just, and sustainable world
- Uncover and articulate the essence of the Wiser Together meme, building on what's been done so far in this area
- Inquire into ways to spread this meme and field of practice in small and big ways
- Explore and design a Wiser Together collaborative social enterprise that can support itself and serve all of our initiatives
- Determine the human capital and commitment in our group & networks to manifest that which is designed
- Walk away with joy, clarity, and ease about what has life and is ready to move in this realm

We hope you'll be able to join us for this intimate time together! with gratitude & in partnership,

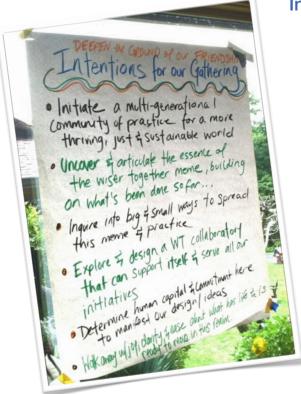
Juanita Brown, David Isaacs, Cherine Badawi, Joshua Gorman, Ashley Cooper, and Matthew Abrams



#### CriteriaforInvitees

- That they have a real passion for the multi-gen space in their lives and work.
- We'd love to spend the rest of our lives in dear friendship with this person---and share the spirit of beloved community together.--and even if nothing "visible" happens as a result of the gathering (impossible to imagine!) we'd have loved spending nourishing time
- People are coming not only because X invited them and we want to be together--but also to the specific invitation/intention above.
- That a significant number of those coming have "outreach networks" where whatever we discover can ripple out in an organic and natural way.
- That some number come from the local area of Asheville & Burnsville (so we can follow up here locally)



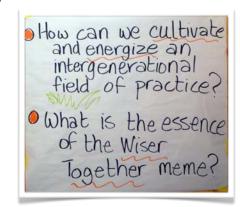


#### **Intentions**for**Our**Gathering

- Initiate a multigenerational community of practice for a more thriving, just and sistainable world.
- Uncover and articulate the essence of the wiser together meme, building on what's been done so far.
- Inquire into big and small ways to spread this meme and practice.
- Explore and design a WiserTogether collaboratory

that can support itself and serve all our initiatives.

- Determine human capital and commitment here to manifest our designs and ideas.
- Walk away with joy, clarity and ease about what has life and is ready to move into this realm.

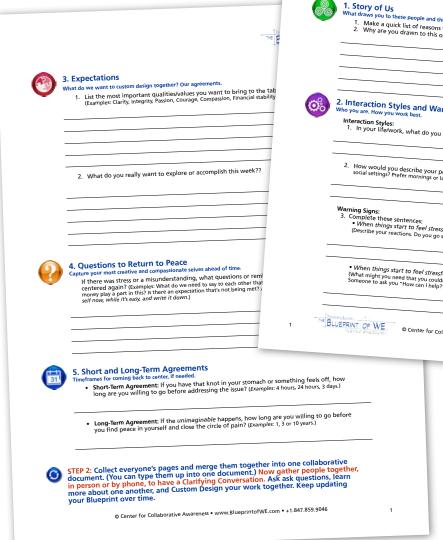


## CreatingOurCollaborationDocument TheBlueprintofWE

Each WiserTogether participant wrote a bit about themselves:

- why we're drawn to this oppportunity and these people at this time
- who we are and how we work best
- our expectations and values
- and some questions to return us to center if needed

Then we read one another's Blueprint of ME to create greater Collaborative Awareness, co-creativity and trust.



BLUEPRINT OF WE Laying the Foundation for our Blueprint of WE: Create a Collaboration Document for your work together. The time you invest in creating a Blueprint of WE Collaboration Document exponentially increases creativity as the fine your relationships. Even writing in each of the 5 Components below for 20 minutes offers a wealth of information for the people with whom you interact. Once you get going, use one of our full Quick Start (changing Document, so you will be adding and updating as your relationship evolves. STEP 1: Take 15-20 minutes to write just a bit of an answer for each question.

Don't go in-depth, just answer at least 1 question in each of the 5 Components below. 1. Story of Us What draws you to these people and this situation. Reference you to meee people and this situation.

1. Make a quick list of reasons why you choose to collaborate with others.

2. Why are you drawn to this opportunity to bring life to multi-generational collaboration? 2. Interaction Styles and Warning Signs Interaction Styles:

1. In your life/work, what do you look like on your best day? How do you show up? How would you describe your personality or working style? (Do you like to work independently? Thrive in social settings? Prefer mornings or late nights? etc.) irning Signs:

Complete these sentences:

• When things start to feel stressful, I look like this:

(Describe your reactions. Do you go silent? Get more dramatic? etc.) When things start to feel stressful, I need this: What might you need that you couldn't possibly ask for in the moment? A short break to clear your head? Someone to ask you "How can I help?" A change of focus? etc.) BLUEPRINT OF WE

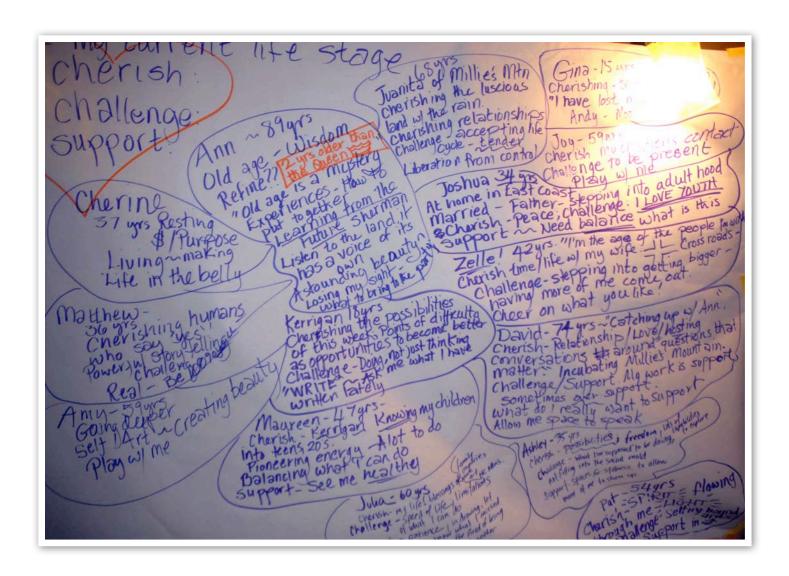
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# Monday Opening&Welcome

Opening Circle ~ Each person spoke to:

#### "At this stage in my life..."

- something I cherish...
- something I'm struggling with...
- a way I'd love to be supported...



# HarvestPoem

## From Opening Circle

Ashley Cooper has a unique way of listening to a group and distilling the essence of what is being said into a remarkable form of poetry. This is the one she created from our opening circle share:

"At this stage in my life...something I cherish. A challenge. And a way to support me."

A deeper resting in who I am Money, sufficiency, life purpose – How's this dance go?

Share your stories of pregnancy and being parented with me...

I'd love to learn about motherhood with you.

Humans saying <u>YES!!!</u> – to me, my path and supporting me

How do I tell and inviting story about a world that doesn't yet exist – and make it real?

Please be you and be vulnerable and challenge me too!

A balanced life, a vibrant artist, at the gym and with a pen.

Creating beauty - playing together

Everyone will age – but I'm of the oldest age

Old age is a mystery... living all these years in history –

How do you put it all together? What is trying to emerge?

Listening to the land

Losing my sight and freedom of spontaneity on wheels.

What can I bring to the party now... at 2 years older than the queen?!

Lusciousness of the land, nourished by the rain

The subtlety speaks to me...

Now that I have the time... and relationships all around

Accepting this cycle of life – life's cycling – is tender

Help liberate me from my controlling needs... please.

Learning self-expression – writing, reading – I like it!

My best friend, dear to me...

I've just lost Moose –

Please be there for me

My sons, many children – I've earned their respect

They have fun with me – I love it. Being present, not projecting, accepting folks for who they are now... can challenge me

LET'S PLAY – and have such fun Feeling at home.

Married, an expecting father, stepping into maturity,

Confidence and comfort – at peace – peace of being

But the freedom of youth and young adulthood – I miss you

So now, in this chapter, what is life balance?

Share your stories and wisdom
I have many homes – I cherish the
possibilities of this week
Something good is cooking!
I cherish points of difficulty – cause I'm

I cherish points of difficulty – cause I'm better in the end

Tick tock – setting aside some time to do Ooh... that's tough

Please ask me, "What did you write about last night?"

C'mon, for real, ask me!

I am the age of the people I'm with Cherishing my life... my life with my wife A crossroads it seems – a calling forth My voice – our gift – to amplify – step in – Let it get bigger and bigger Me of me coming out – cheer me on – ask for more

You know – I wasn't supposed to live this long –

To be the mom of these amazing teenagers –

It's blowing my mind – And I'm here to live it.

All this passion, all this pioneering energy – My body can't keep up

See me as me – one of the healthiest people you'll ever meet.

Three quarters of a century... of LIFE! And I cherish most the privilege of living here,

The love of my life, and hosting conversations around questions that matter

The nature here is heart and is in my heart – it's a womb with a view

My leadership is support – but sometimes I over support

What do I,

The love of my life, and hosting conversations around questions that matter

The nature here is heart and is in my heart – it's a womb with a view

My leadership is support – but sometimes I over support

What do I <u>really</u> want to support? What can I let go of?

Anew age! Woa – the speed at which life proceeds –

It takes my breath away
Not liking these limitations... but

cherishing my life -

It's amazing, so wonderful, blessings, family, art, colleagues, and different countries

Please have patience with me – let's add and create together –

What do we need to capture in words and images to support our time?

Feeling the prime fullness of possibilities. I can do anything...

And yet at this age, the outside world expects this and that of me Stillness. Quiet. Reflective time. I heart it – I want to listen. Ask me what I hear. Ask

me to stop and listen.

# Tuesday SettingtheStage & SharingOurStories

#### AM

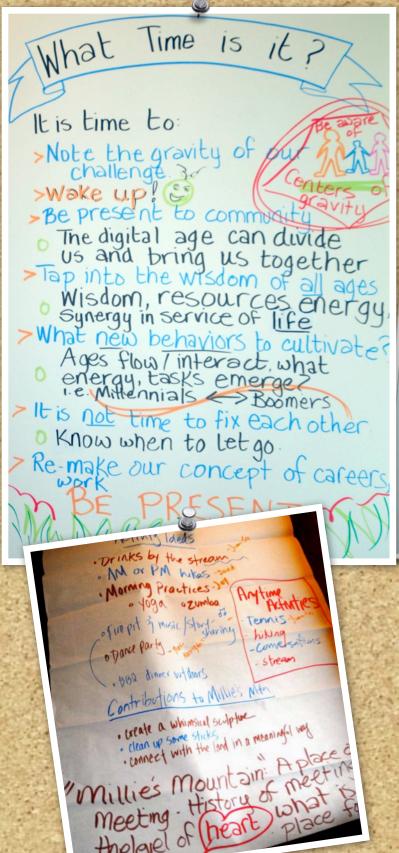
- Opening ritual/ceremony (drum & tobacco pouch intentions)
- Introduction of Facilitation Team + Wiser Together Story
- Logistics
- Group Agreements
- Story sharing circle (window into life story)

#### PM

- Wiser Together History, Context Setting and Meme exploration
- Wiser Together Cafe
- Share a story about a meaningful intergen relationship
- Reflect on the principles that made it meaningful
- As someone in your life phase, what is a question you would like to pose to other generations
- Mapping the field of Wiser Together How is it showing up in our personal work & projects?



## SettingtheStage





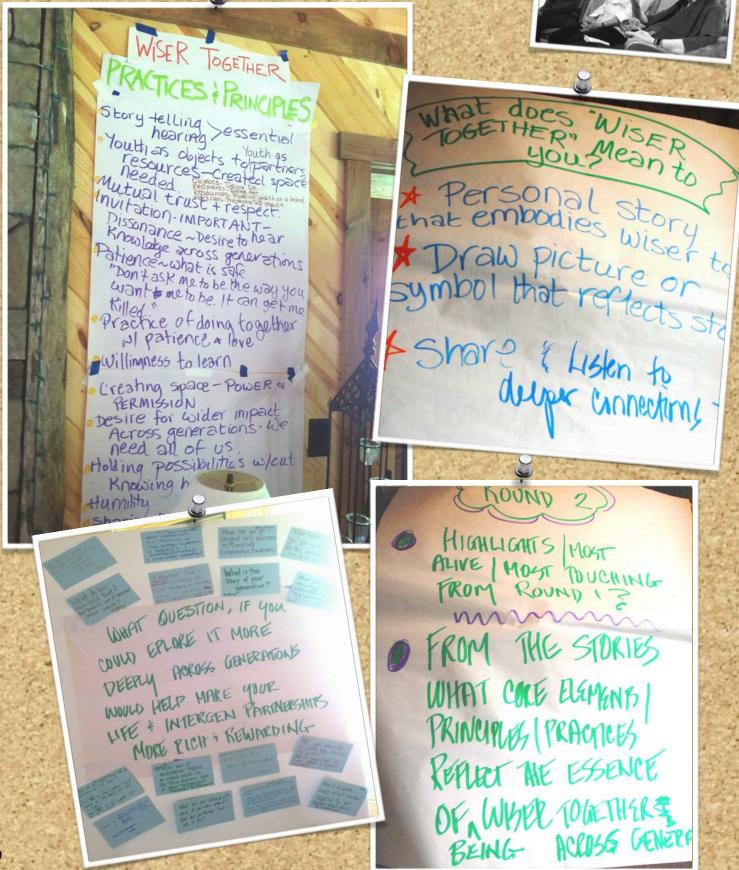
## Agreements

- a Hand Signals from the heart OK that resonates living language e
- · Ask for everything is say the truth.
- · Allow for silence b/n the words
- Random silly faces / Spirit of play
- · Allow for spaceousness & flexibility
- · Self rore of care for others
- O Being explicit about what we needs
   speak up slow down body needs after.
  O Share authorize intergen eyes
- o Share authorite integer experience with they of Attn to language
- · Come on fine



## WiserTogetherCafe





## Questions

#### ForOurselves&Others

- How can I encourage people of other generations to be truly authentic whith me in ther perceptions and feedback regarding our relationships?
- Asking each other: What do you have to contribute?
- What do we each know/hold/ have that could be valuable to the other?
- How might we play together? What would be the most fun for us both?
- What might we do together that we can't do alone?
- What insight would you give yourself (me) at this age (stage)?
- What do we each hold that if we shared, we'd become more whole?
- What are your stereotypes and/ or judgements about my generation?
- What is the story of your generation?
- Imagine that dismantling the prison industrial complex or stopping violence depends on our working as partners. What do you need me to do or say to begin our partnership?
- How can we go beyond self-awareness to co-creating collaborative awareness?

- How can we communicate how languaging in living systems expression is essential to generating partnerships and values across generations?
- How can we develop intergenerational living/working/ playing spaces? Particularly intergenerational housing.
  - •What to do when involved in a goaloriented process or task but the goal orientation doesn't serve the relationships?
    - •Who's to say this is the way to live?
  - Why are we grouped by age, often the least important of

similarities?

How

DO WE

BECOME

WISER

TOGETHER?

- Why don't people see that we all need the same things?
- Are you interested in what has touched my heart?
- Do you want to know what I have learned?
- What are you afraid of?
- What do you care about?
- What does partnership look like to you?
- What is your definition of love?











## Wednesday VisioningWiserTogether

#### AM

- Imagining Wiser Together
- (Future Perfect, 2016)

#### PM

- Creative Expressions of Affinity Project Groups for Possible Future Initiatives
- Strategize intention and process to bring Possible Future Project to fruition

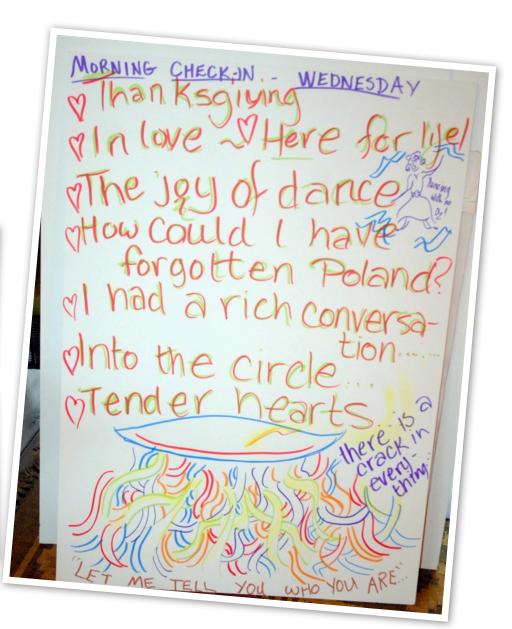
#### Evening

Generational Song Share and Exchange









# VisioningWiserTogether





### Generational Caucusing and Inter-relating

#### **Songs**fromthe**Generations**





Sometimes if feels like we started it all.. Everything that was anything was happening in the 60's

Sex, drugs and Rock n' Roll Free love, folk songs, women's lib Black power, power to the people

Letting our freak flags fly

And here we are -Still here today A little tired, but still fired up

Still looking for the legacy Stil dedicated to everybody being free

We were going to change the world, stope the war and raise up the poor Living in a connected world Music and Dance guides our trance

We're plugged in to technology

What's important to me... to me... to me?

Poverty to the drug economy

#### Chorus:

Every generation must find its cause I'm gonna love who I'm supposed to love I'm gonna be who I'm suppose to be Every generation must find its cause

I'm living my sexuality

It's the new reality

Enough of this Bull Shit

Time to get down!!

#### Chorus:

Every generation must find its cause I'm gonna love who I'm supposed to love I'm gonna be who I'm suppose to be Every generation must find its cause

# Thursday Activating—AreasofFocusforInquiryandDesign

#### AM

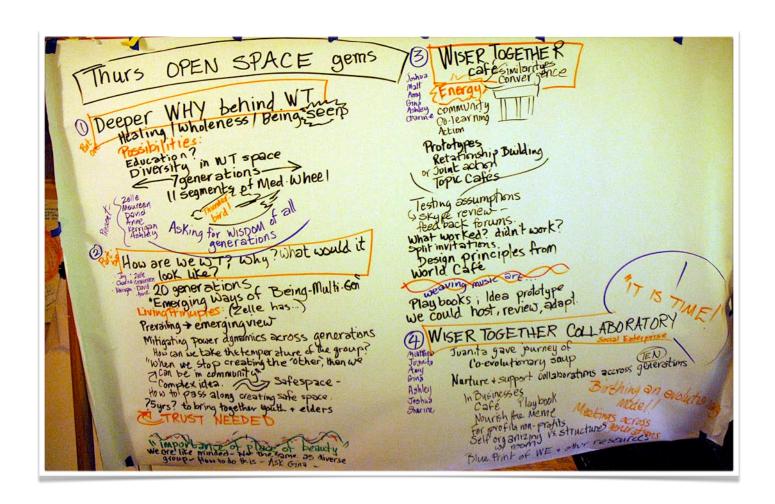
 Open Space (Themes included: Deeper 'WHY' of Wiser Together; Guiding principles and practices of cultivating a 'Wiser Together' field; Wiser Together Cafes; Wiser Together Collaboratory)

#### PM

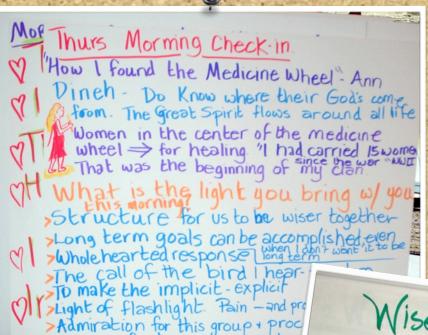
- Open Space Harvest
- Free Afternoon

#### Evening

Margeritas, BBQ & Bonfire



## AreasofF





## Wiser Together Cafe Purpose/Intended Outcomes -

connections / community building mutual appreciation of each other inhat's possible awakening the "Wiser Together" meme

2- prototypes - 1) awakening 2) action Wicer Together "issue cafes"

serves as a place for people to talk connect, heal, whole Croing Forward - pilot X Wiser Together Cates and then convene online to share our learnings

Research Questions - What were the attractors? Why did people sold Testing what worked well? What didn't work well?

Design Elements.

a Wiser logether Collaboratory

Yearning for learning-What is

Fire of work before us; balanced wil

critical mass is rememberi

Quiet, stillness, surrender > What if ... this is a time called n

are all connected Kecognizing that healing ispy

called upon

Know that the great spirit of

us ~ heals us and is pre

Purpose - To nurture & support collaboration across generations on behalf of a thriving ... world Of past, present, future generations

HOW: Schilles, Products - Training hosting, Playbook, Consisting waiting + Reserved, Online Reserve HUTS

Cafe Questions 1) Shore a stong of when you learned from an intergen relationship? What were the good of that?

2) What are the challenges i gifts of au generation portion > 3) How can we support one another How can I bring this intergen awareness king own like?

my perspective, what do I care about?

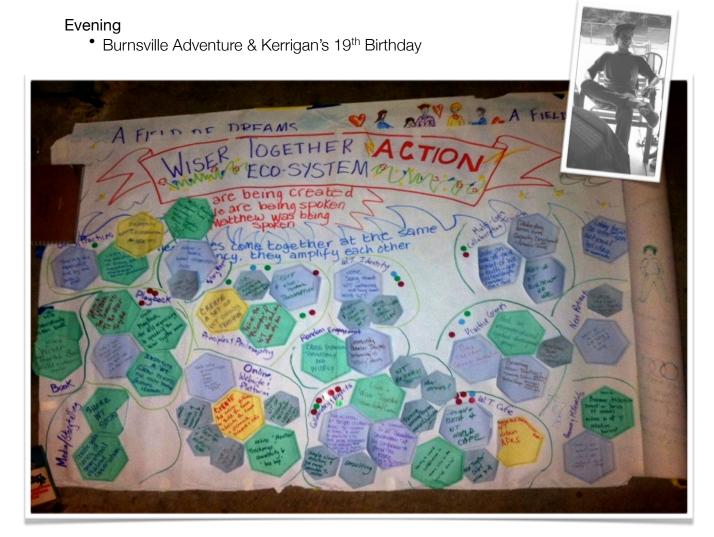
# Friday NextStepsandClosing

#### AM

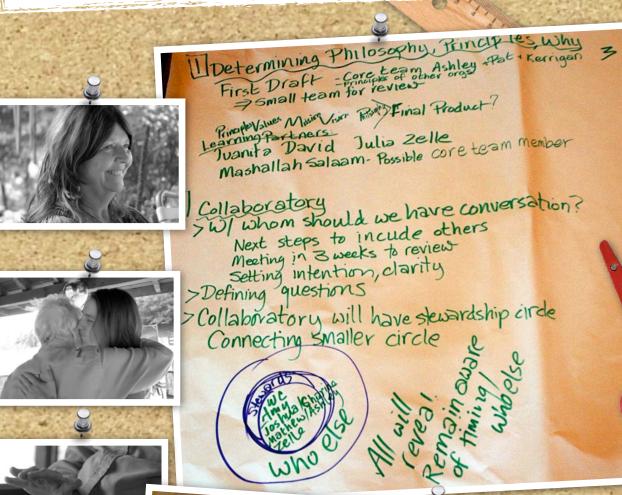
- Open Space (Themes included: Deeper 'WHY' of Wiser Together; Guiding principles and practices of cultivating a 'Wiser Together' field; Wiser Together Cafes; Wiser Together Collaboratory)
- Living and Resilience Systems Intro
- Wiser Together EcoSystem of Action
- Meditation
- Identifying and prioritizing core areas for next steps
- Lunch working groups to clarify next steps in key focus areas (Wiser Together Collaboratory and Wiser Together Principles & Philosophy)

#### PM

- Closing Reflection: What are we learning together about being wiser together?
- Shower of Love Appreciations
- Closing Council



## NextStepsandFocus





Multi
Multi
Multi
Multi
Mine dependence

The indigenence

The indi

## HarvestPoem2

### **Moments**ofBeingWiserTogether

Ashley Cooper has a unique way of listening to a group and distilling the essence of what is being said into a remarkable form of poetry. This is the one she created through the course of the week.

Two moms here with our children With our kids... we need to be wiser together

Feeling an overwhelming, overflowing, expansive amount of love

On a safari... riffing for hours Connection Bringing in the birthday – talking of love, women and guy stuff And submitting to the journey Trusting in the holy dynamic Being taught by each other

Doing Dinner together – an intergenerational context of something we all wanted to experience together No director
All contributing what one can

The Whole knows

Walking up the mountain – I realize these are the oldest mountains in the world The people who've lived on this land The pieces of history The indigenous wisdom The wisdom we're all remembering

#### YESSSS!!!!

Funner together – that's wisdom in its essence!

And sometimes we have to miss out on moments we want to be in on Let's do it again
Bringing the wisdom of our threads together
Music and song

Wisdom comes with collaborative thinking
And tension – pushing through the dissonance
To stand within the wisdom

The power of circle to invite out the magic – of my Zelle story
Because of the presence of Gina and Kerrigan

19Noticing – we shifted and were shifted In magical ways With Anne... a thread of meaningful conversations between conversations

I am feeling wiser together as I feel <u>all</u> the people that are actually here – Brought along with us... here with us

Memory markers for what intergenerational creation together really is

Margaritas with Anne

Hearing your story and feeling more affirmed for who I am Because I'm here with you

Synchronicities Holographicly reflected realities Shining expressions of wisdom living our reality

Bed teas with family
Transitioning to another stage
Wiser-Together – we're here as life
experience
We're transformed beyond our roles
Maturity. Together. Our hearts touching.
A completely different perspective on life

Connecting deeply – learning truly who I am

Feeling love radiating brings down the walls...

Writers block undammed – the flow of writing pouring fourth

For others – identifying as an elder can be an honor or a distance In our society, elders are held in the deficit – it's damaging how we can be together

And the same thing has happened to youth – things are slipping back Dissipate the role distance and replace it with the human distance

90 years of experience – I try to share the stories
I have such trust in us

Cause Joy... it's a joy to sit across from you And all of you – it must be noted This barn blends as if it's been here as long as everything else

And on the inside – it's got a lot of life All of us – on the inside – young, playful, alive

Age has no limits to how your mind can always be at play

Perfectly falling into place – those little moments "Did you see that shit?"

Being in this Wiser Together context affirms my sense of self My generational sense of self My larger Self... in circle with all of you – Whole and complete

Woa... I'm getting to know more of myself
Expansive – larger than myself

Here again for the power of YES!!! So many of us saying YES – large and small

And from there a deeper wisdom— A best version of myself... Swimming in the river of yes

Bubbling, bubbling images repeating
Spirit coming up to the surface And whatever it is... it's completely alive!

The complete rightness of us... being here...
More of ourselves, understanding ourselves
In a larger context, a part of a whole

Spiritually developing across generations Here with you, with me Grandmothers, children Tapping into a large reality of existence Nourished with smoothies

Thank you from the bottom of my heart to the bottom of yours

## Saturday CommunityPotluck!

#### Afternoon/Evening

- Mingling
- Dinner Conversation (Share about a meaningful exchange you had across generations)
- Large group reflection and partner exploration of next steps
- Jam Session and Sing Along!



# HarvestPoem3 CommunityPotluckPoem

Ashley Cooper has a unique way of listening to a group and distilling the essence of what is being said into a remarkable form of poetry. This is the one she created during our Saturday Community Potluck.

Imagine all the people Sharing all the world

Looking at everything that came before us—
And all that's still to come

(You could be Elvis!)

Relationships and brotherly dynamics – So moving

Honoring the names and history Sadness at the loss and hope at the joining A legend

I'm lit up Seeing the joy you feel learning new things every day

A second chance... Not a cast-away... Spiritual family

Brings joy to my heart Journeying through education

You may say I'm a dreamer But I'm not the only one... I hope some day you'll join us

Cause my roots are in Carolina...

I cried twice



Spaghetti Fridays for all 9 foster kids Singing. Singing. And listening for when it's time to pass the tradition along

Forbidden to talk about fairies at the table Until the vicar came to learn Affirmed

Deep wisdom Empower our children to teach us... and trust

Sometimes the stories are too much to tell

And the chapstick gives a kiss

Sitting here in circle – A revolution of coming together

Growing food, nature providing So come join us for a potluck As the moon is here holding it down

This is real education You don't see it in books Sharing through stories We learn from all directions From the youngers and the olders

Unconditional love crosses all ages—
Bringing us together
Weaving people and history
A narrative... a journey...
Weaving a thread between us

That connects us And ties us into history

Our times are thirsty for this connection In circle. In openness. In love.

Traveling from near and far to be here together...

Looking over, under and through

Seeing my closed mind... And opening to learn from the yongers... And maybe they'll listen to me

Maybe we're all so connected that we'll feel each other

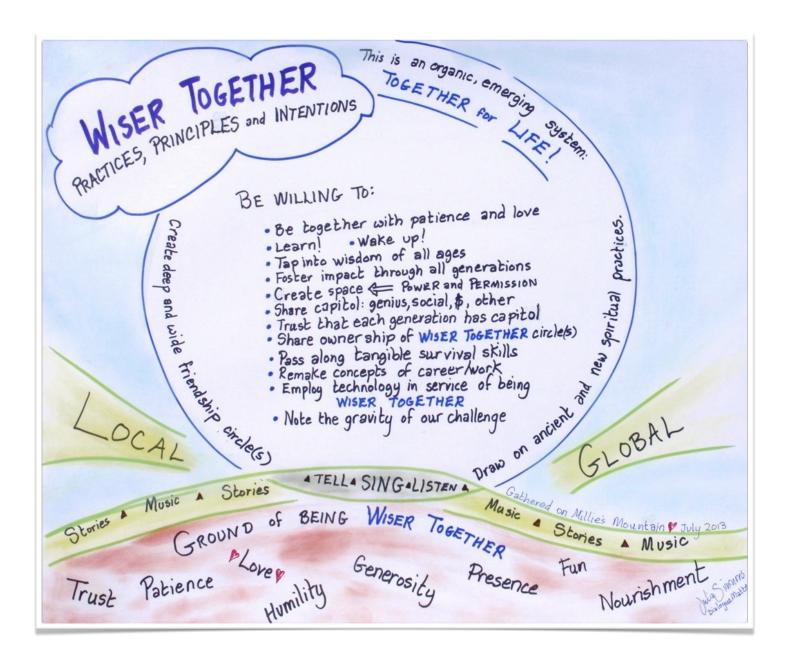
Exhilaration that we finally recognize the illusion of separation—
In essence we are joined beyond our years

Following an infants eyes, following the hallowed ancient eyes
Don't pass them by—
Say hello



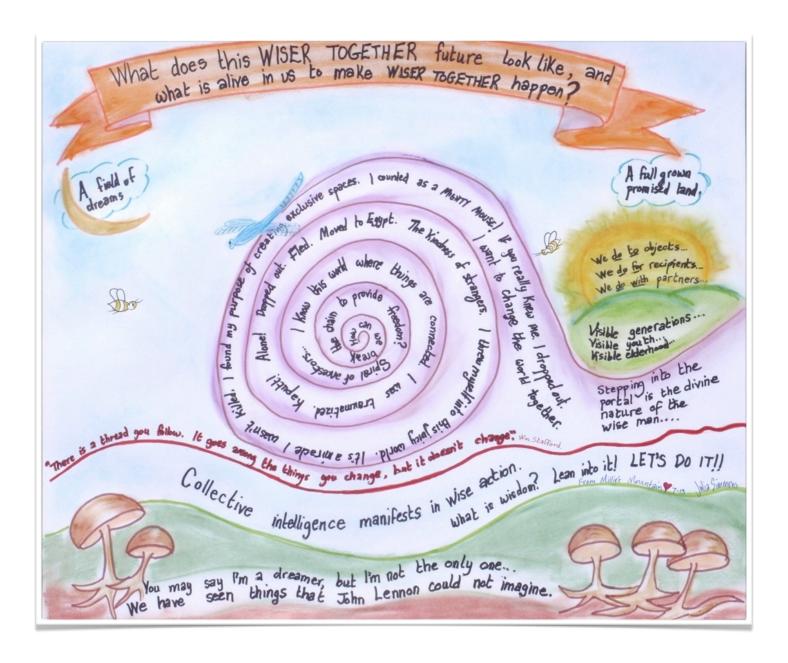
## ReflectionsoftheEvent

#### VisualOverview1



## ReflectionsoftheEvent

#### VisualOverview2



## ReflectionsoftheEvent

#### VisualOverview3



# Reflections of the Event Each Person Shares Their Thoughts



### **Juanita**Brown

68 years old



We gathered on Millie's Mountain
The womb with a view
With the Garden of the Heart at our backs,
Surrounded in a sacred circle
By the cottage, the tobacco barn, the haybarn
and

The old farmhouse--a hobbit house Filled with memories of earlier days.

We gathered across ages and stages....
From 15 to 90 we were, such beautiful faces gathered round.
Honoring the ancestors

Honoring the land upon which our Spirits And mutual intentions could rest.

We journeyed into our hearts
We journeyed into our minds
We listened to the call of our times.

Why Wiser Together, we asked? What's possible now That might not have been possible before?

What might the "future perfect" hold
For this delicious meme.....
Wiser Together--across generations, cultures,
differences, & similarities.
Entering through the generational doorway
But oozing and spreading to become Wiser
Together
In every dimension of our lives and work.

Can we sing it out?
Dance it out--Bee Hopping all the way?
Drum it out?
Act it out?
Creating community performances
From the best hopes and dreams
For our lives and for this work
Becoming wiser.... together?



What wants to emerge from this.... The delicious soup we're creating From all the special ingredients we are Bringing into the mix?

Sharing food and potluck suppers With those in our local communities Sharing Wiser Together Cafes.... Becoming a Collaboratory of kindred spirits. Who make the path by walking it.

Learning, bringing others to the playground of possibilities
That we can now see with so much greater clarity.

Honoring the sound of the drum And the sound of our own hearts Beating out the rhythm of Passion and possibility That was always Right here in our midst.

Si Se Puede! (Yes, We Can!)

## **Ashley**Cooper

#### 35 years old

One week, held in the arms of love

Deep connections, old and new Weaving together seamlessly An essence of humanity

Amplifying bonds Growing understandings Confirming spiritual hunches Accessing collective wisdom

We are wiser together.

Learning from my 15 year old sister and my 19 year old brother,

I know there are shades of life experiencing that I don't have access to, that they do.

Time on the planet -- both duration and epoch -- influences the lens of life we access and see.

The power of music to tell a story and communicate a time's tales.

The vulnerability of first love, life changing connections that make us who we are.

I have a deep longing to learn from these angels whose views are not my own.

This week was soul medicine of stepping in together Feeling the edges of our togetherness blur the boundaries of our aloneness.

We are wiser together.

Holding the hand of an embodied elder,
Her eyes piercing love and unsettlement.
Love -- I see you, I love you, I support you in
blossoming to be more of who you are.
Unsettlement -- Stay awake, pay attention, you are
needed. There is wisdom in this world that is not
being lived and you are needed to move more justice,
interconnected vitality, and divine guidance into being.
(And the fairies are real.)

We are wiser together.

My sister standing at my side.

Reflecting life in colors different from my own,

but from a heart in time with mine.

Holding each other tenderly as learning moments furl to life.

I can relate. I see that too. I'd love for you to be with me in this journey.



We are wiser together.
I am here to help you see you -You are here to help me see me -We are here and willing to see ourselves.
We reflect the beauty, rawness, silly wonder and superb opportunities for learning, growth and connection.

We hold a deep faith and trust that there are pieces to a puzzle that each of us hold And we need one another to see the whole. We are dedicated to staying in the fire, to be with the inquiry we stepped our beings into. We know that we are just a few in a sea of many Who hold the wisdom to unraveling the mystery and igniting more mystery.

This is a path of softening our vision, Loosening the grips on our knowing, Trying out living in the skin of another.

This is a path of deep listening --Listening for the voices that are needing to be heard Listening for the voices that I need to hear Listening for the voices that I tend not to hear.

This is a path of experimentation and practice --Making wild hypothesis about what may be possible And with conviction and commitment, stepping boldly into the practice field

Trying on the emperor's robe, dancing in the ballerina's tutu, holding a lover's hand.

What are the edges of being human together that we can infuse with our curiosity and wonder in order to discover new patterns for being together?

What are the practices of being together that we can wisely step into to discover the edges of how they serve ourselves, this generation of beings alive on the planet now, and the generations that have yet to arrive?

How is it that I need you, you need me, and where are the others we don't yet know that we need to meet in order to nurture more beauty that will set us all free?

Will you join me in this adventure of divine inquiry and play? Can we learn together, dance together and vibrantly be wiser together?

## JoyBooth



These elements contributed to my positive experience of Wiser Together.

- 1. The weave of the planners experience, love and expertise in the pre-event stage.
- 2. Limiting the participants and careful attention to having different generations/ages represented.
- 3. Inviting people to ask for what they needed in terms of support from the group and incorporating different ways of expression.
- 4. The beauty/peacefulness of Mlllie's Mountain and the gracious generosity of Juanita and David in opening their home to us.
- 5. Fresh and Healthy meals and snacks.
- 6. Using a talking stick and making sure everyone had a chance to speak if they chose.
- 7. Both spontaneous and planned time for playfulness and silliness encouraged .
- 8. The use of ritual for anchoring our days together, setting our group and individual

intentions and becoming pregnant with our dreams and possibilities.

- 9. Non-verbal communication through music and dance to enhance/balance the spoken exchanges.
- 10. The opportunity daily to become a co-creator alongside the planning team.
- 11. The event was affordable and scholarships and other help was made available.
- 12. Having a graphic recorder (Julia)
- 13. Weaving the local community into the week with the closing pot-luck.
- 14. All the planners coming from clear intention and good heart before during and after.
- 15. It helped that everyone was understanding of my coming and going in response to the needs of my job schedule.

## KerriganMcCarthy

18 years old



The wiser together gathering was an incredible experience. I loved the collection of input from every generation. Our collaboration helped us come to the conclusion that we are all one generation together on this earth right now, leaving no need for separation between ages. Immediately I connected with everyone that was with us for the week which really allowed for the deeper more important conversations to flow with ease. Not a moment of the week passed without full enjoyment but a few aspects certainly stood out to me.

The exercise where we put ourselves in 2016 and visualized what was going on at the time gave me a chance to dream up a few possibilities of what a better world looks like, such as a world where grades no longer define potential and intelligence. Then, when we stepped back to 2013 it was easier to think of our first steps in being wiser together since we had a clearer goal in mind. Spending time with such an inspirational group of people definitely

brought out the life in me. Being a part of a community that collaborates and cares for each other ignites my internal drive for productivity. The in-depth conversations throughout the week constantly challenged my mind to think above and beyond. All ideas are worth exploring since you never know where they will lead you. As our days go on we are continuously finding, building, and creating our lives. Coexistence entails a sharing and learning of ours and others mistakes and triumphs. From the Wiser Together experience, I soaked up many ideas of how I wish to go forth in my daily life. It has sparked my attention to make connections with anyone, young or old. Everyone has their wisdom that is worth sharing. Those who are willing to listen are truly the ones to benefit. All of the music was awesome as well from the drum circles to our circle when we shared our various generations high school hits.

### ZelleNelson

42 years old





of note

EACH ANIMAL IN THE POEM

REPRESENTS ONE OF THE

PARTICIPANTS FROM THE

WISERTOGETHER GATHERING

### **Unfolding**

a poem reflecting on the WiserTogether Gathering, July 2013

– written by Zelle Nelson

GPRING

we started as an inkling, a noticing, a seed a seed as old as time & as vital as a moment

**SNAP**. our seed sparks.

germinating, imagining, growing

nurtured by EARTH, sprouting & tender pushing our way up.

Ahhhhh - GUNLIGHT. warm, embracing, encouraging

soft, sweet RAW, quenching our thirst... thirsting our unfolding larger, bolder, brighter

a BREFIE light & lovely lifts the fragrance of petals & nectar, sweet & succulent memories of old, & possibilities of new

SUMMER

**STREEETCH**. inquisitive, searching, sniffing noses of two young bunnies are enlivened by the scents

bluebird flutters by. hawk's shadow from high in the sky dapples a wink from fox. dart goes deer.

### ZelleNelsoncont.



ant crawls, tickling bear's toes

bee seeks nectar, sourcing others growth

**SSSSHH**. leaves fall gently on flowers newest petals squirrel stores treasures, mouse wiggles her nose.

cricket chirps. badger ambles.

**SWOOOOOSH**. dusk descends as owl cries...Whoo. Whoo.

howling, welcoming, encouraging moonlight. Oowwoooo! wolf is heard throughout the night.

stars twinkle countenance of care on our flower of discovery, reawakening. do you dare?

we danced in circles & cycles with flair, sharing songs & stories growing, giving, receiving, living, dying, thriving, inspiring.

dawning a new day,

listening for life's heartbeat

unfolding...

wolf = Anne

in order of appearance
two young bunnies = Gina and Kerrigan
bluebird = Maureen
hawk = Zelle
fox = Matthew
deer = Ashley
ant = Amy
bear = Joy
bee = Pat
squirrel = Julia
mouse = Juanita
cricket = Cherine
badger = Joshua
owl = David

Autumn

WINTER

## MaureenMcCarthy

47 years old



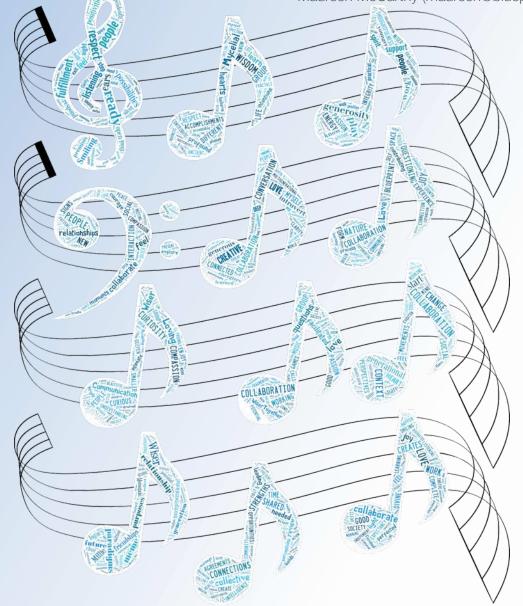
# WiserTogether

When we gathered to explore the WiserTogether meme, each of us wrote a bit about ourselves and what we were looking to create using the Blueprint of WE Collaboration Document. I took each person's writing and created a Word Cloud. The symbols below sing out a note from each individual, and the radiant melody that emerged when we collided. To become WiserTogether, we must know ourselves, exchange that information with others, and co-create a tune that turns up the volume on compassion, curiosity, lifelong-learning, and LOVE for everyone...at every age.

 Maureen McCarthy (maureen@blueprintofwe.com) Music and

#### Lyrics by

Amy Anne Ashlev Cherine David Gina Joshua Joy Juanita Julia Kerrigan Matthew Maureen Pat Zelle and You...too!



## MaureenMcCarthycont.



47 years old

I created **Word Clouds** for each person based on the words from their Blueprint of WE writing. It gives you a sense of each person and their interests and passions around WT.

## Kerrigan McCarthy

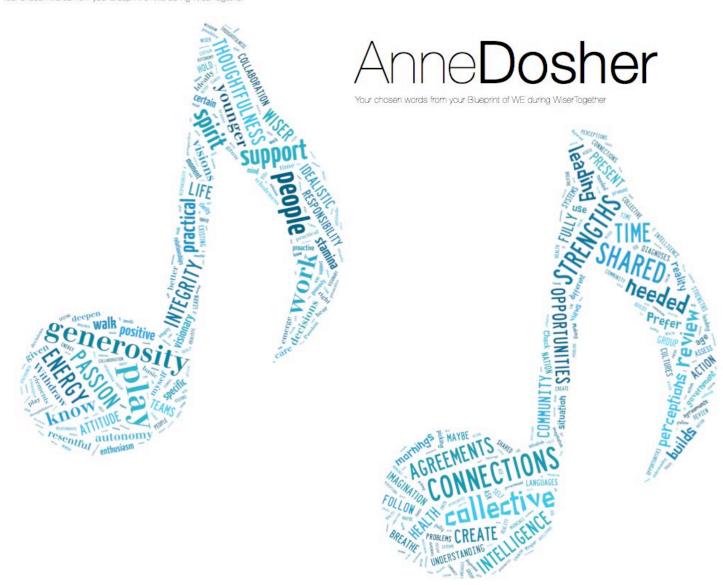
Your chosen words from your Blueprint of WE during WiserTogether



## Word Cloudscont.



# Amy Lenzo Your chosen words from your Blueprint of WE during WiserTogether

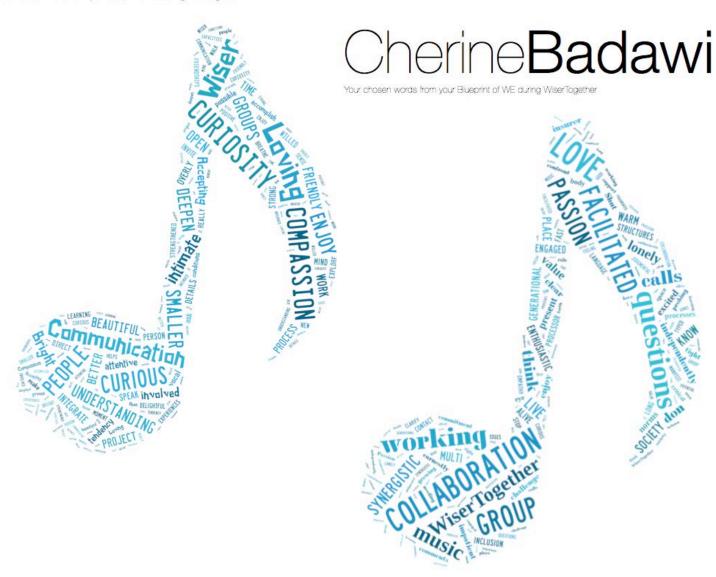


## WordCloudscont.



## Ashley Cooper

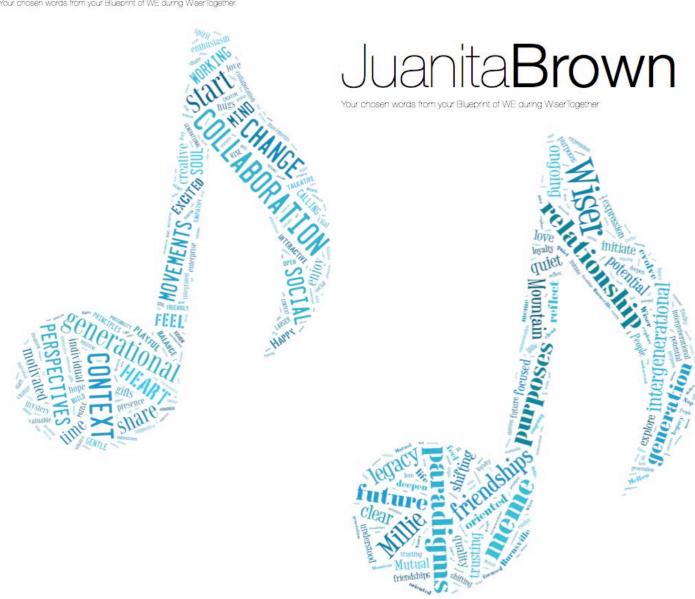
Your chosen words from your Blueprint of WE during WiserTogether



## Word Cloudscont.



## Joshua Gorman



## Word Cloudscont.



## MatthewAbrams

Your chosen words from your Blueprint of WE during WiserTogether





## WordCloudscont.



## Maureen McCarthy



## AmyLenzo



Two things stay with me from our magical time on Millie's Mountain...

The first is the quality of energy we generated together during those few days... I remember feeling extraordinarily energized by all the music and creative "representing" going on, the fresh perspectives, optimism, and "can do" spirit, and thinking it was part of the particular joy of engaging with "younger" people. I don't know if it was contagious, or liberatory, or if it was always there in all of us, but soon that powerful celebratory, revelatory energy was part of everything and could be found in everyone – whether we were cleaning, dancing, meeting, singing, walking, telling stories, or making meaning and plans together.

The second is the power of place... I felt that the land, Millie's mountain, partnered with us in a very direct and impactful way. Being in the presence of those wise old hills - sheltered by the rise at our back and enlivened by the ever-expanding view in front of us – literally gave us our ground. There was also something about the way the land and the elements were appreciated and acknowledged as part of our gathering that seemed to be a quintessential part of what it is to be wiser together.

## **Cherine**Badawi

37 years old



It's just how it's supposed to be.
Youngers with their sparkly eyes, asking questions, spewing rhymes,
With eager ears longing to hear
Stories of yester-year
Elders rocking with a knowing grin
Reminding us that we're all kin
And middles bridging different spheres
Striving to work for a world without fear
Alone, we fall in isolation and sorrow
Wiser together, we unite for a better
tomorrow

It was truly an extraordinary convergence – from 15 to 90, we sat in circle and shared. Our stories, our hurts, our hopes and dreams. We listened a lot. We opened our hearts. We danced and laughed and sang and cried. Fed by an abundance of delectable eats and the warmth of each other's hearts. I was moved by this experience. As one who has grown up

without grandparents, or extended family nearby, I really came to realize that we need each other. We serve each other. To have my feet rubbed after a long day holding up a pregnant belly by a beautiful older who knows what a gift it is. To rejoice in stories of the trials and wonders of menstruation with a younger. To share songs from 7 decades and learn of great battles of vestervears, won by the strength and resilience of generations before. To bask in hope and anticipation of what's to come with the wildly brilliant youngers that were among us. Precious time. We all deserve it. Ages and stages belong together. May we continue to cultivate what nature has clearly intended. We are indeed wiser together - and we need our wisdom, now more than ever!

## MatthewAbrams



Wisdom and

Innocence

Searching for

Each other to

Reflect

The Knowings

Of nature

Gathering

**Eternal forces** 

To

Hold the light

**E**merging in the

Rhythms of life

## Potluck Participants



#### **Cheri**Torres

Thank you all for a wonderful evening last night. How inspirational and enlivening, as it always is when I'm on Millie's Mountain.

I was inspired this morning to ask the Wiser Together question in an ongoing conversation with my Al colleagues. We've been talking about how to blend Al with digital tools to enhance the potential and

outcomes of Al and this morning I suggested we invite millenials and digital natives to play!

Michael said one of the ideas that his very small group talked about regarding how might we expand the Wiser Together movement was to work toward intergen representation on community government committees and councils. Greenville has already done this. We might take a field trip

there with an intergen team and find out how it's going: what's working well, what have they learned, and how did this come about--what do they recommend.

We might also research how other similar communities are doing this. When government bodies begin to engage our youth it will could a powerful message and help move us into a more sane future.

This was up on your beehive wall about the future. If there are others interested in exploring this further, I think we'd both be interested in that conversation.

Now I'm imagining generational representation where all generations vote for a generational rep to councils and boards ....

Ready for action, *Cheri* 

#### **Carly**Hart

onewritersink@yahoo.com who accompanied Ruth Pope (the other elder, elder from Burnsville)

I'm so glad to hear from you. I truly enjoyed the Wiser Together gathering and look forward to the next one! Thank you so much for the invitation.

This past weekend I've moved to Bakersville to be closer to Ruth. I'm sharing a house with a dear artist friend of mine, Seth. We've been friends for 10 years now. I hope he'll come to the next gathering with me. He's a great guy.

I was touched by the fact that everyone was there with an open heart and mind and willing to share their stories. It was refreshing to know that community, compassion, and understanding were the focus for everyone there. I could really feel the love.

Honestly, the only thing that challenged me that night was my mood due to a lack of sleep from a very rough week. I'm sure now that I have a nice home here locally the next gathering will be better for me.

Happily I learned that there are like-minded people in this beautiful area, there is a collective consciousness involving sharing and generations working together to improve the quality of our lives.

My hope is that we continue to meet, and get to know each other better, at least once a month and collectively work on issues at hand for the betterment of our area and perhaps even globally as well. On a personal level I see this as a great and fast way of making really good friends in the area.

I wish I could have stayed longer...the music was so good, but alas, I was on Ruth's time schedule, not my own.

I thank you, David, and all involved. I had a lovely time and look forward to the next one!

## Potluck Participants



#### **Joy**Boothe

The potluck provided a way to ripple outward from the week in a real and tangible way.

I felt embraced by the peace and happiness of extravagant intelligence and love...like I had found new members of my tribe.

My spirit was energized with the gifts of deep listening, shared stories, ideas, food, dance, music, tears, laughter and hugs.

The setting of Millie's Mountain and the warm welcome of Juanita and David created a warm and safe cocoon. There was healing, inspiration and deepening of individual and shared vision.

I'm excited to work with Juanita on the multigen, Latino themed dance at the Burnsville, N.C. Town Center.

I'm grateful for the opportunity to deepen my relationship with Jared McQueen.. who I've known from his birth. Jared and I have partnered on a number of community multi-gen events in the past several years.

#### KarenHead

What touched you?

The gathering of people willing to participate – without hesitation touched me. Seeing the young ones, sitting together on the floor, listening and sharing stays with me as well.

What challenged you?

The only challenge was figuring out what to bring to eat, but this is a tiny hurdle.

What did you learn?

I learned about the all black school in Yancey County, about a strong teacher there who made a difference and influenced her students to excel in school and to seek to learn.

What possibilities do you now see here in our local area that might not have been possible before?

There could be another gathering, with more diversity. I believe that the interest within the individuals attending might inspire us to ask others to attend. Sharing stories is a powerful way to come together and stay together.



### "3ProcessesWeLoved"

#### \* Ashley Cooper

- 1. Future perfect living in the year of the future. Speaking from the present of that moment in time.
- Sharing songs and music from the different time periods, but sharing a theme of 'when I was in highschool' something we all had an experience of.
- 3. Publicly voicing reflections of things we were seeing in each other the individuals involved offering and receiving those gifts -- and the witnessing of the group to those precious moments -- helping to root that essence into the individual and each other's being.

#### General Notes

- Stepping into an articulated elderhood letting youngers see elderhood. Making elderhood an available place in the spiritual practice of life.
- What we are wanting to step into at each stage – our spiritual place in life.
- Intra-generational caucusing what are your stereotypes about my generation?
   What is the story of your generation?
- What are you called to do? What can we do together? What are we called to do together?
- How are we wiser? Why are we wiser?
   What allows us to be wiser together? How are we already wiser together and don't even know it?

#### Seeing into the future

Living our future
Re-membering ourselves
Growing our visions
Pulling them more into reality

Today – let's choose something we really want to gift our attention OPPORTUNITY

What conversations or experiences do you need to have with this Wiser Together group? We are being created

#### ❖ Zelle Nelson

 Storytelling ~ On the first day we had 2-3 minutes to give a reflection, tell a story about our inspiration. I told my story about receiving the name Zelle. One of the most powerful aspects for me was to actually be in the center of the circle to tell my story.

Why it is valuable - Contributes to shared story, personal reflection, being seen, healing grief

2. Open Space ~ On Thursday we had 2 Open Space sessions. I feel Open Space is crucial to get every piece of conversation. There were topics that I felt had not been addressed yet that were able to be held during the Open Space.

Why it is valuable - Creates the space for any topic to be discussed

3. Identity Development ~ On Wednesday I worked with Joshua to share and display the identity development arc (that is not the actual name, but I am not remembering it right now). Did Matthew take a picture of that artwork?

Why is it valuable? - There is a need for both personal and collaborative growth for the WiserTogether meme to expand

#### Maureen McCarthy

- 1. Meeting in circle, in both small groups and large. People often forget that key concept if they're not immersed in it.
- 2. When we met in small groups and acted out our interests in WiserTogether going forward which created The Bee Hop, etc.
- 3. Having Julia there as a graphic facilitator and seeing her drawings progress as we progressed. It gave us a constant perspective on what we were experiencing.

### "3ProcessesWeLoved"

#### ❖ Pat Parker

I think it was Wednesday afternoon, the second (official) day of our gathering, when the idea came to me that, in the current context, when there are so many issues that separate people and make us forget our humanity, it doesn't seem to be enough to simply bring people together in the same space (although that surely is a place to start). Earlier that morning, Joshua had shared information about the various generations alive at this moment perhaps the first time in the history of the world that so many generations are sharing the planet. I began to think that actually learning to be "wiser together" when generations engage with one another is the thing that needs to be named. What does it mean to be "wiser together?" How are we wiser? When are we wiser (or not)?

As I've reflected more on these questions, I've begun to think in a broader conceptual frame: What is Intergenerational wisdom? When do we need it? How do we create opportunities for it to emerge (or not hinder it when it's already there)?

I looked up some definitions of "wisdom" in the Oxford online dictionary<sup>1</sup>:

- the quality of having experience, knowledge, and good judgment; the quality of being wise.
- the soundness of an action or decision with regard to the application of experience, knowledge, and good judgment: some questioned the wisdom of building the dam so close to an active volcano
- the body of knowledge and principles that develops within a specified society or period: the traditional farming wisdom of India

I like the last definition, "the body of knowledge and principles that develops...," because it reflects what I think are some of the core ingredients of becoming wiser in an intergenerational context: intentionality (Let's create something together!), emergence (Let's trust the process of putting our hearts, heads,

and hands together and seeing what happens), and space (Let's create community!). Our gathering at Millie's Mountain had these key ingredients and there were several moments that illustrated these beautifully. For example, I loved that at the outset, each person revealed their age, which for me demonstrated the intentionality around exploring the meanings of generational experience and allowing the group to be transparent about "age" as a made up social category. Also, there were plenty of opportunities for the emergence of wisdom, spontaneous conversations, through trial and error, dancing (!), contention, creativity, and reflection. I felt fully free to share my thoughts, ideas, and creative energies within our group. Finally, Juanita's and David's home truly is a gracious space and it was wonderful to see the Wiser Together collective wisdom emerging from the various corners of Millie's Mountain. http://oxforddictionaries.com/us/definition/ american english/wisdom?q=wisdom

#### ❖ Cherine Badawi

- 1. Our story sharing circle
- 2. Favorite song in high school sharing that happened spontaneously
- 3. The Potluck!
- 4. Love and appreciation to all who sat in circle upon Millie's Sacred Mountain!

#### Matthew Abrams

- 1. Using primal/indigenous music to settle into place
- 2. Going beyond imagining the future and actually transporting into it
- The spaciousness of our time togetherI found that so much of the magic happens in the places in between.



For more info contact Joshua Gorman at joshua@generationwakingup.org or **Ashley Cooper** ar ashley@mycelium.is

